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*Tucson Edition produced by
The Discharge Planning Committee, Tucson Planning Council for the Homeless
Community Partnership of Southern Arizona
Old Pueblo Community Services*

*Also available online at:
www.tpch.org
www.aceh.org
www.afsc.org/az
www.tucsonrecovery.org
and other websites*



GUIDELINES on GETTING OUT

Summer 2009



*A handbook to help you prepare
for your release in*

Tucson, Arizona



Rebuilding a Life after Incarceration

The transition to life after incarceration is a big challenge, and this brochure is designed to help you through this exciting but often difficult time. If you take to heart the following suggestions we think these resources can help you to be successful with rebuilding.

- **Do your homework.** Make as many arrangements for yourself as you can before you get out. Use this brochure to write to agencies for help.
- **Give yourself time to adjust.** Don't try to accomplish everything right away. Take time alone or with family and close friends only. Be patient with yourself and know it might take you a while to reach your goals. You may feel depressed or overwhelmed. This is normal - just take some time to heal.
- **Ask for help.** There is an answer to every question you have. All you need to do is ask. This does not make you weak, it makes you smart. Call the agencies in this pamphlet. If they can't help you, ask them who can. Keep asking until you get the right answer.
- **Take care of yourself and surround yourself with people who will affirm your new lifestyle and support you in making positive changes.** Stay away from the "old neighborhood." Avoid people and places that are associated with your old behaviors. This may even include family members who are still using drugs or are involved in illegal activity, as hard as it may be.

DON'T GIVE UP

Identification

Ex-offenders can get an Arizona State ID card from any Arizona Motor Vehicle Division (MVD) office within 15 calendar days of their release using only the affidavit of incarceration ID for a fee of \$12. Not applying for a Arizona State ID within the 15 calendar days from your release will result in needing to provide two other forms of verification! For ex-offenders age 65 and older who apply within the required 15 calendar days, the fee is waived. If you need to talk to someone at the MVD about an Arizona State ID or how to get an Arizona driver's license, you can call the appropriate number below based on location.

- Phoenix, Arizona: (602) 255-0072
- Tucson, Arizona: (520) 629-9808
- Elsewhere in Arizona: (800) 251-5866



Tips for Finding a Job

Tax benefits for employers who hire ex-felons

You may be able to encourage someone to hire you by telling him or her of the tax benefits available to employers who hire ex-felons who are from low-income families.

The Federal Work Opportunity Tax Credit (WOTC) encourages employers to hire ex-felons by reducing employers' federal income tax liability by up to \$2,400 per eligible employee. Ex-felons who are members of low-income families are eligible when they are new adult employees and work a minimum of 120 or 400 hours. To receive certification that a new employee qualifies the employer for this tax credit, the employer needs to complete only three simple steps. Many employment assistance agencies have these forms. Copies of all forms needed are also available at the American Friends Service Committee, 103 N .Park Avenue, Tucson, AZ 85705 or at www.IRS.gov/faqs/faq-kw208.htm.

Final Words of Encouragement

We all have an inner strength. That strength may be a strong faith in yourself or in a higher power. It could be a strength seldom used, cultivated, or nurtured. You may not have defined it in terms of a value or belief system. It may have failed you in the past, but understand that you have paid your debt to society, and your exit from prison or jail ends a chapter in your life. Now it is up to you how your future will be framed and how you will grow and advance. You need to forgive yourself and also forgive others.

You are not the first to have made a mistake and you won't be the last, but let this be a new chapter in your life. Just remember, the streets still remain the streets and if you seek trouble it will find you. Avoid those old haunts and those old "friends" who are not healthy for you. Break clean with that old environment and those people. This could even include family members if they are using drugs or if they are involved in illegal activity. As painful as it may be, you must take care of yourself and surround yourself with people who will affirm your new lifestyle and support you in making positive changes.

Anticipate problems so they don't overwhelm you. Be patient and take things one step at a time. Prioritize the things that really need to happen (getting a job) and let the rest come when you are ready (finding a new girlfriend or boyfriend). Seek advice and assistance from peers and mentors who seem to be doing it right. Be your own best advocate, because when all is said and done, you alone are responsible for yourself. Let your release be the start of something new.

ACCEPT THE CHALLENGE.



Tips for Finding a Job

Resources for The Job Search

If you work hard on your skills and your job search, you will find work – even if it takes longer than you expect. Help with your job search, and in some cases training, is available. One-Stop Centers (Page 6.) offer the use of phones, faxes and computers to job seekers registered with the Arizona job bank. Many Tucson employers are willing to hire you. Keep at it – put in as many applications as you possibly can.

The Application Form

The application form is often the most important part of the process. It is how you make your first impression on an employer. Save time by filling out a generic application and take that application with you to use as a guide to fill out each new application. If the application asks if you have been convicted of a felony, answer “yes”. Then follow by writing “I’m willing to explain during the interview”, or “Please see attached,” and attaching your explanation letter. Here are some other tips on completing job applications effectively:

AVOID	INSTEAD
<ul style="list-style-type: none"> ▪ Rushing through the application ▪ Sloppy penmanship ▪ Employment gaps - blanks from when you were in prison ▪ Appearing desperate, for example, “Position Desired: Anything” ▪ Brief descriptions of job duties ▪ Leaving blanks on the form 	<ul style="list-style-type: none"> ▪ Read the application completely before starting ▪ Take time to print neatly and clearly ▪ Show the work experience while you were incarcerated ▪ Use a specific job goal, for example, “Position Desired: A full-time, permanent position where I may use my skills in adapting and repairing tools, machinery and equipment.” ▪ Be descriptive when writing about your job duties ▪ Complete all spaces where information is requested of you



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PAROLE AND PROBATION

**Arizona Department of Corrections
Tucson Parole Office**
4600 S. Park - #8
Tucson, AZ 85714

Phone: (520) 889-3100
Fax (520) 889-3927

Urinalysis — TASC
(Treatment Assessment Screening Center)
244 W. Drachman Street
Tucson AZ 85705
or
4907 E. 29th Street
Tucson, AZ 85711

Urinalysis (UA) “drops” required by ADC Monday – Friday 10:30 a.m. - 7 p.m.

(520) 903-2525

(520) 514-2932

**Pima County Adult Probation
Downtown Office**
110 W. Congress St., 8th Floor
Tucson, AZ 85701
(520) 740-3800

Southside Office
2595 E. Ajo Way
Tucson, AZ 85713
(520) 740-4800

Eastside Office
8180 E. Broadway Blvd
Tucson, AZ 85710
(520) 290-1535

Westside Office
1951 W. Grant Rd. #180
Tucson, AZ 85745
(520) 624-0973



Some Tips on Getting Started

This pamphlet is intended to help you begin the process of re-entering the community. It outlines steps you can take *before* your release as well as some positive steps you can take after release.

Most agencies have criteria to determine who is eligible for their programs, so you can't just show up on their doorsteps and expect them to accommodate you. It's best to **write them before your release to find out their requirements.** (A sample housing letter is included on page 17.) All agencies listed *will* accept ex-offenders. However, they may have some restrictions on types of offenses. **Listed programs do not accept sex offenders unless the program description specifically states that sex offenders are accepted.** Find the type of agency that fits your situation and special needs. Don't waste your time writing to a program that can't help you.

Prepare yourself for the possibility of a short-term emergency shelter stay by obtaining a copy of your TB test results prior to release. Some shelters require a TB card.

Information included in this pamphlet will help you after you are released with places to find help with transportation, employment assistance, job search tactics, health care, individual and family support, and other special programs. While we have worked hard to ensure that the information in this booklet is up to date, some organizations may have moved, changed phone numbers, or may not exist by the time you contact them. Try not to be discouraged—call the next number and ask them for more information

If you are being paroled, remember to make immediate contact with the parole office and follow all parole conditions completely. They will also give you information about health care (AHCCCS) and food stamps.

Today a lot of information is available online. Contact your local library for information about instructions and free access to the Internet.



Tips for Finding a Job

Prepare to discuss your background

It is a very good idea to be honest about your conviction when completing employment applications. Provide the information if asked. Write a letter in advance to explain the conviction and circumstances. (If you have more than one conviction, discuss only the most recent .) For example, if your age and lifestyle were factors in the crime, discuss this honestly. If your lifestyle is different now, explain the changes. Mention job-related activities in prison and other things you feel could make a good impression on employers, such as...

- a secure living environment
- job-related skills or job training before, during, or after your incarceration
- any positive work evaluations
- any educational activities completed
- any other rehabilitation (religious activities, NA, AA, drug counseling, etc).

Then, discuss your present situation and future plans. On the application, where it asks about convictions, write "please see attached." Then attach your letter to the application and make sure the person who takes the applications knows you are attaching it. Here is a sample letter:

Dear Prospective Employer:

Please accept this letter of explanation of the lack of information on my employment application about my felony conviction of _____ that occurred on _____.

Because this information is confidential and I am embarrassed over my past mistake, I very much want the opportunity to explain to you in person.

My decision to sell drugs was a terrible mistake and has cost me dearly. Several years of my life have been lost in prison paying for this crime and I am committed to living differently now that I have completed my sentence, why it will never happen again, and why I will be an outstanding employee. To back that up, the U.S. Labor Department is willing, at no cost to you, to post a \$5,000 Fidelity Bond with you on my behalf. Additionally, the I.R.S. offers a one-time \$2,400 tax credit to employers who hire ex-felons.

I have completed drug rehabilitation, and I am living clean and residing at _____.

I hope that you will view me as an individual, and not automatically dismiss this employment application because of my conviction. My parole officer is _____ and he can be reached at _____.

Whatever your decision, I thank you for your time and consideration.

Respectfully,

Your Signature

Your Name



Additional Information

Mailing Address:

After your release, you can have mail forwarded to you at the Primavera Foundation, 702 S. 6th Ave., Tucson, AZ. 85701. You can call **623-5111** to see if mail has arrived, and you can pick up your mail Mon.-Fri., 8:30 am - 1:30 pm. Mail may be kept for three weeks, and/or forwarded if you give them another forwarding address,

Clothing

If you are involved in a housing or counseling program, ask them about a voucher for free clothing. If you are not involved in a program, call Information and Referral and ask for a referral to a clothing bank: **325-2111**.

Substance abuse support groups

- Al-Anon Information Service Center
(520) 323-2229 www.al-anon-az.org
- Alcoholics Anonymous
24 hour line (520) 624-4183 www.aatucson.org
- Cocaine Anonymous
24 hour hotline (520) 326-2211 www.caarizona.com/tucson_3.htm
- Narcotics Anonymous
Help Line (520) 881-8381 www.natucson.org
- Smart Recovery
For meetings and facilitator phone numbers in the Tucson area visit http://www.smartrecovery.org/meetings_db/view/showalpha_state.php?search=A
- The S.O.B.E.R. Project, Christian 12-step
Help line (520) 404-6237 www.thesoberproject.com

Mentoring

- Old Pueblo Community Services
(520) 546-0122 www.helptucson.org



Where to Seek Help

BEHAVIORAL HEALTH SERVICES (Mental Health/Substance Abuse)

Compass Health Care 3333 E. Grant Rd Tucson AZ 85716 (520) 620-6615	Outpatient services: substance abuse treatment & relapse prevention (group or individual). Referral for residential treatment if needed.
CODAC Behavioral Health 127 S. 5th Ave. Tucson, AZ 85701 (520) 327-4505	Prevention, counseling, outpatient services
COPE Community Services Inc. 82 S. Stone Tucson, AZ 85701 (520) 205-4732 (intake line)	Outpatient services Case Management, Residential Services, Health promotion Services.
La Frontera 502 W. 29 th St Tucson AZ 85713 (520) 838-3800	Mental health and substance use treatment services
SAMHC Behavioral Health Services 2502 N. Dodge Blvd. Tucson AZ 85716 (520) 622-6000 1-800-796-6762	Crisis Mental Health Services 24-hour phone line & walk-in clinic

EMPLOYMENT ASSISTANCE

DES Job Service <ul style="list-style-type: none"> • 195 W. Irvington Rd. (520) 741-7188 • 5441 E. 22nd St. (520) 584-8226 • 316 W. Ft. Lowell Rd. (520) 293-1919 	State employment services To write before release: DES Employment Administration P O Box 28880 Tucson, AZ 85726-8880 Military veterans should ask for a veterans' representative.
DK Advocates, Inc. 1502 E. Broadway Blvd. Tucson, AZ 85719 (520) 790-7677	Job training, job coaching, work adjustment, job development,



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State employment services

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DES Employment Administration
P O Box 28880
Tucson, AZ 85726-8880
Military veterans should ask for a veterans' representative.

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1502 E. Broadway Blvd.
Tucson, AZ 85719
(520) 790-7677

Job training, job coaching, work adjustment, job development,

The Giving Tree

(520) 867-1400

Job coaching, leads, placement, case management, help with ID, resume writing, & clothing vouchers for participants.

Jackson Employment Center

400 E. 26th St., 85713
Tucson AZ 85713
(520) 838-3300

Employability training & job search assistance. Must be able to work full time. Mon.-Fri. 8:00 a.m.-4:00 p.m.
Inc. Homeless Veterans Reintegration Program, H.V.R.P.

Goodwill Industries of So. AZ.

2907 N. 1st Avenue
Tucson, AZ 85719
(520) 206-0333

Goodwill Job Connection. Internet job search, online applications & help with resumes.

Linkages

1920 E. Silverlake Rd., #201
Tucson, AZ 85713
(520) 571-8600
(520) 571-8600

Employment assistance for individuals with disabilities.

One-Stop Career Centers

- 316 W. Ft. Lowell (in DES Office)
(520) 293-1914
- 340 N. Commerce Park Loop
(520) 798-0500
- Kino Service Center
2797 E Ajo Way, Floors 1 & 2
Tucson, AZ 85713
(520) -882-5466

Job placement assistance & some training for low-income people, including ex-offenders.
Includes Veterans Workforce Investment Program, V.W.I.P.



Family Matters

The transition back home can be almost as disruptive for the family as when the person first goes to prison. Many adjustments have been made in that person's absence, and families need to learn how to be a family again. Children will have many questions about how things will be different, and it is important for the whole family to discuss what the new rules and routines will be. Each child reacts differently to having a parent return home, and some may still harbor anger or resentment. We strongly recommend family counseling to assist you in this transition. Many formerly incarcerated persons have questions about how to regain guardian status. In some cases, the person may have an active file at Child Protective Services (CPS) that they need to clear up.

- **Arizona's Children Association** works to give children safe, permanent homes by helping to keep families together. Located at 2700 S. 8th Avenue, Tucson, AZ 85713. Call (520) 622-7611 or 1-800-947-7611
- **Child Protective Services (CPS):** There is no standard process for regaining custody of children from CPS after incarceration. Find out who the case manager is and ask them exactly what is required to close out the case. Call toll free 1-888-767-2445.
- **Family and Child Support., Paternity Testing.** The Division of Child Support Enforcement locates absent parents, performs paternity tests, and, establishes and enforces child support orders and modifications (no fee.) Genetic testing is \$30 per person. No charge if father is excluded. 7202 E. Rosewood St., Suite 100, Tucson, AZ 85710. Hours: Mon.-Fri. 8:00 am-5:00 pm. 1-800-882-4151.
- **Our Family Services** offers individual, couple, group and family counseling on a sliding scale according to income. Located at: 3830 E. Bellevue St., Tucson, AZ 85716. Call (520) 323-1708.
- **Parenting Arizona** strengthens families and prevents child abuse and neglect. They provide support for when parenting gets tough. 4500 E. Speedway Blvd., #88, Tucson, AZ 85712. Call (520) 319-1040.
- **KARE Family Center** offers support to "Kinship Caregivers", people who are raising a family member's child, such as grandparents who are raising a grandchild, due to divorce or the incarceration of one or both parents. Provides referrals, resources, education and emotional support. Offers **support group to caregivers of children with a loved one in prison** the second and fourth Friday of each month from 5:30—7:30 p.m., with dinner served at 5:30 p.m. A support group for children ages 7 through 12, the "Shooting Stars" program, is held at the same time. Location: 4710 E. 29th St., Building 7. Call for more information: (520) 323-4476 X 108.



Independent Housing

Tips for the Housing Application Process

Most places ask you to complete an application and, perhaps, have an interview. You may be asked certain background questions, including a question about felony convictions. To prepare for the application and interview process, do the following:

- Bring along your parole officer's contact information
- Bring proof of current employment
- Arrange for 2 - 3 people to be your personal references. These should be people who know and who can speak well of you. You may need to provide their contact information to the apartment manager. Speak to these people in advance so that they are prepared to receive a call about you.
- Make a good impression on the person you speak with by having a presentable appearance - clean clothes and good hygiene are important.
- Check to see whether or not you have good credit.

Many property managers told us that they like to have tenants who are quiet and respectful of their neighbors, so if this fits your personality and lifestyle it would be an effective point to make during an interview. Also many apartments will claim not to house offenders. However, proper attitude and presentation may open the door. Sometimes the nature of the offense makes a difference

Low Cost Housing

You can find a low cost housing list that is updated every two weeks at www.pimacountyhousingsearch.org. You can access a computer and help using it at any Pima County library.

The Tucson Crime-Free Multi-Housing Program

In your search for housing, you may hear property managers and landlords mention that they are part of the Tucson Crime Free Multi-Housing Program. These properties may or may not have signs posted. They may not rent to you once they find out that you have a felony record. Acceptance of your application for renting at these properties will depend on the crime that was committed. Many properties, whether or not they participate in the Crime Free Program, may not accept your application. There is no legal way that we know of to challenge this policy, so we recommend that you search elsewhere for housing.



EMPLOYMENT ASSISTANCE cont'd.

<p>PREP (Prisoner Re-Entry Partnership) 151 W. 40th St Tucson, AZ 85713 (520) 547-3341</p>	<p>Employment assistance inc. job leads & training, education, help with work clothes, tools & transportation. Referrals for counseling & mentoring for ex-offenders incarcerated for at least 4-6 mos. You may write while incarcerated. No sex offenders & no violent felony.</p>
<p>Primavera Works Temp Service 151 W. 140th St Tucson, AZ 85713 (520) 882-9668</p>	<p>Employment Service. temporary day labor, job search assistance for ex-offenders except level 3 sex offenders. Lunches. Bus passes.</p>
<p>RISE, Inc. (COPE) 82 N. Stone Ave. Tucson AZ 85701 (520) 791-6812</p>	<p>Employment Service..</p>
<p>Tucson Urban League 2305 S. Park Ave., Tucson AZ 85713 (520) 791-9522</p>	<p>Employment-related services including vocational training, GED, & job placement.</p>
<p>Vocational Rehabilitation 400 W. Congress, #420 Tucson AZ 85701 (520) 623-6810</p>	<p>Provides services for individuals who have a mental or physical disability.</p>
<p>YWorks (Women only) YWCA Tucson 525 N. Bonita Ave. 85745 (520) 884-7810 ext. 113 www.ywcatucson.org</p>	<p>Employment education & guidance, computer classes, job training internships, clothing for job interviews & employment, financial education & individual counseling. Mon. - Fri. 8:00 a.m. - 5:00 p.m.</p>

FOOD ASSISTANCE

Casa Maria Free Kitchen
352 E. 25th St
Tucson AZ 85713
(520) 624-0312

Bag lunch served 8:30 am & 11:30 am
Hot soup served at 10-11:30 am daily.



FOOD ASSISTANCE cont'd.

Community Food Bank
3003 S. Country Club
Tucson AZ 85713
(520) 622-0525

Monthly food boxes. Call ahead. Picture ID or proof of Tucson residency required. Low-cost grocery store open Tues.- Fri. 9:00 am -4:30 pm & Sat. 9:00 am -1:00 pm
www.communityfoodbank.com/cfb/help/

DES Food Stamps (area code 520)

- 5441 E. 22nd St., 745-5802
- 316 W. Ft. Lowell Rd., 293-0214
- 250 S. Toole Ave., 791-2732
- 1200 N. Country Club Rd., 881-4081
- 2760 S. 4th Ave., 620-6616
- 195 W. Irvington Rd., 741-9751
- 1493 W. Commerce Ct., 578-8456
- 3912 W. Ina Rd., 744-5820

Food stamps for low-income people. Proof of identity and US citizenship required.
<http://www.azdes.gov/faa/>

Gospel Rescue Mission
Community Ministries
338 W. 38th Street
Tucson, AZ
(520) 740-1501, Ext. 206

Picture ID and/or proof of residency in Tucson required. Office Hours: Mon.-Fri. 9:00 a.m. to 11:45 a.m. 1:00 p.m. to 3:45 p.m.

HEALTH/DENTAL RESOURCES

DES Medical (AHCCCS)
(area code 520)

- 5441 E. 22nd St. , Ste 115, 745-5802
- 1200 N. Country Club, 881-4081
- 316 W. Ft. Lowell, 293-0214
- 250 S. Toole Ave., 791-2732
- 2760 W. 4th Ave.,620-6616
- 195 W. Irvington, 741-9751
- 3912 W, Ina Rd., 744-5850

Determines eligibility for Medical Assistance, and refers participants to other departmental and community resources.

Proof of U.S. Citizenship and identity are required.
<http://www.azdes.gov/gaa/>

Diabetes Care Center
St. Mary's Hospital
1601 W. St. Mary's Road
Tucson, AZ. 85745
(520) 872.6055

Free community classes, education and self-management support for anyone newly diagnosed with diabetes or wishing to be in better control of their type 1 or type 2 diabetes.



TRANSITIONAL HOUSING (3 mos.—2 yrs.) cont'd.

Transitional Living Communities Tucson (Male)
843 W. Thurber Rd.
Tucson, AZ 85705
(520) 293-4919
Manager: Mike Skinner

4 days restricted leave as "entry level newcomers." Graduated curfews based on Level I or II status; Sponsor, job and 12-step programs.
Fees: \$100 per week

Victory Outreach
5820 San Joaquin Road
Tucson, AZ 85741
(520) 690-0596

Christian-based, 12-month recovery program. Director: Robert Perez

SAMPLE HOUSING LETTER
(for applications to housing agencies)

Your name
Your address
City, State, Zip Code

Today's Date

Agency's Name
Agency's Address
City, State, Zip Code

Dear Sir or Madam:

My name is _____ and I am currently finishing my prison sentence at _____. My release date is _____, and I will have no place to go when I am released.

I am asking that you work with me in advance of my release so that I can have a place to stay and a program to follow instead of becoming homeless. Please send me any necessary paperwork and a list of requirements to qualify for your program so I may collect all that information ahead of time.

I appreciate your assistance, and I eagerly await your reply.

Sincerely,
Your signature

**TRANSITIONAL HOUSING (3 mos.—2 yrs.) cont'd.****Primavera Foundation**

702 S. 6th Ave.
Tucson, AZ 85701
Central intake, all programs (520) 624-0534
www.primavera.org

- Alamo Apartments, (520) 620-6067
- Casa Paloma, (520) 882-0820
- Five Points, (520) 622-4864
- Winstel, (520) 747-7751
- Catalina Program, (520) 624-0534
- Women in Transition, (520) 622-3480

No direct release from institution to programs. Programs are 2-year transitional housing, **clean & sober**, for homeless persons unless noted. Fees vary.

- Single men, permanent
- Single women.
- Single men & women.
- Single men, women, OR couples.
- Single men
- Single women

Recovery Centers of Arizona, Inc.

Cedar and Edison House
Silent addresses
Casie Wilken (520) 304-8720

Substance & alcohol abuse housing for **women only**. Takes SSI. No narcotic medications. 12-step program. Independent living. Homes not institutions. Write for application.

Salvation Army

3525 E. 2nd St.
Tucson, AZ 85716
(520) 3622-5411

Limited long-term individual beds. Phone a case manager at (520) 625-5411. SAFE transitional housing for working homeless (min. 35 hr/week or start job within 5 days) who agree to weekly case management. Phone a case manager at (520) 546-5969 or 323-5841

Second Chance (Male)

3517 S. Prudence
Tucson, AZ 85730
(520) 747-4937. Fax: (520) 323-0412
Executive Director: Freddie Cooper

A sober living facility. Random UAs.
Fees: \$525 per month

Serving Jesus Christ with Joy

724 N. 10th Ave.
Tucson, AZ 85705
(520) 622-1525
Manager: Pastor John
Email: PastorJohn@servingjesus.us

Faith-based program includes mandatory weekly meetings of 12-step program.
Fees: \$90 per week for 4-man room \$115 per week, semi-private

Teen Challenge of Tucson Men's Induction Center

2637 N. Oracle Rd.
Tucson, AZ 85703
(520) 792-1790
Fax: (520) 7920049
Intake Director Steve Roundtree

Christian-based, three-phase program. Must pre-qualify & be accepted. Structured, 6-month work program. Mandatory Bible & prayer study.

Fees: \$100 intake fee
\$100 per week

**HEALTH/DENTAL RESOURCES cont'd.****El Rio Health Center**

101 W. Irvington Rd Bldg.3C
Tucson AZ 85714
(520) 573-0096

Primary Care; Physicals; Well-Baby Checkups; Immunizations; Breast Screening; Pap Smear; Family Planning; Well-Woman Care; Labs.

Pima Community Access Program (PCAP)

520-694-0418,
www.mypcap.org

A not-for-profit organization that provides access to professional health care at discounted prices that the uninsured can afford. Call for info.

Pima County Health Dept.

Theresa Lee Center
332 S. Freeway
Tucson, AZ 85745
(520) 791-7676

STD/AIDS testing. Mon., Tue., Wed. and Fri.: 1:00-3:30 p.m.
Fees: #20 STD; \$30 STD/HIV; \$15 HIV only. Fees may be waived.

St. Elizabeth's of Hungary Clinic

140 W. Speedway, Ste. 100
Tucson AZ 85705
(520) 628-7871

Full service medical/dental clinic. Help with some prescriptions. Eyeglasses; Dentures; Mobile Podiatry; Well Woman Health Check; Diabetes Management.

So. AZ VA Healthcare

3601 S. 6th Ave
Tucson AZ 85723
(520) 792-1450

Medical and mental health services for veterans. Homeless Program and services. Substance abuse treatment.

Southern Arizona AIDS Foundation (SAAF)

375 S. Euclid Avenue
Tucson, AZ 85719
(520) 628-7223 or
1-800-771-9054

Case management, support services, housing and access to medical care for people living with HIV/AIDS.

Three Points Clinic

15921 W. Ajo Hwy.
Tucson, AZ 85735

All medical ailments. No appointment and no waiting

Tuberculosis Control

Pima County Health Dept.
150 W. Congress, #162
Tucson AZ 85701
(520) 740-8261

Free TB & STD testing and treatment, immunizations, and family planning.
Walk-in Mon., Wed., Fri., 7:30-11:30 a.m.; Tue. 1:00-4:00 p.m.



DOMESTIC VIOLENCE

<p>Casa Mariposa (520) 546-0122</p>	<p>Emergency beds & transitional housing for survivors of sexual assault & domestic violence.</p>
<p>Emerge! Center Against Domestic Abuse 2545 E. Adams Tucson, AZ 85716 (520) 795-8001</p>	<p>Women & children affected by domestic violence <u>only</u>. Emergency & transitional housing. 7-day, 24-hour crisis lines: (520) 795-4266 or 795-4880, 1-888-428-0101; Español: 1-877-472-1717</p>
<p>SACASA (Southern Arizona Center for Sexual Assault) 1600 N. Country Club Tucson, AZ 85716 Bus.: (520) 327-1171</p>	<p>Provides treatment. Promotes prevention of sexual abuse, incest, molestation & rape. Services: 24-hour crisis intervention, specialized mental health services, advocacy, prevention education & professional training. 24-hour hotline: (520) 327-7273 Español-SuVozVale: (520) 434-0195</p>

TRANSPORTATION — BUS PASSES

<p>SunTran 4220 S. Park Ave Tucson AZ 85726 (520) 792-9222 City of Tucson Community Services 35 W. Alameda St. Tucson, AZ 85701 (520) 791-4171</p>	<p>Low-income bus passes for people with referrals from social service agencies. Regular bus passes can be purchased at Ronstadt Transit Center - see Sun Tran RideGuide for other locations</p>
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EMERGENCY SHELTER (1 week or less)

<p>Gospel Rescue Mission Women's Shelter 1130 W. Miracle Mile Tucson, AZ 85705 (520) 690-1295</p>	<p>Emergency housing for women & children. Life skills training and counseling.</p>
<p>Gospel Rescue Mission Men's Shelter 312 W. 28th St Tucson AZ 85713 (520) 740-1501</p>	<p>Emergency housing for adult men. Also has long-term residential recovery program for single adult men. Must have photo ID & Pima County TB card.</p>
<p>Salvation Army Hospitality House 1021 N. 11th Ave Tucson AZ 85705 (520) 622-5411</p>	<p>Emergency housing for single adult men, women, children, & families. TB card & photo ID required.</p>



TRANSITIONAL HOUSING (3 mos.—2 yrs.) cont'd.

<p>Old Pueblo Community Services 4501 E. 5th St. Tucson, AZ 85711 (520) 546-0122, ext. 214</p> <ul style="list-style-type: none"> • Casa Santa Clara (Males) 6 Locations** • The Oasis House (Females) • Paxton House for Men*** 2 Locations Director Nick Jones (520) 975-2141 • Paxton House for Women*** • Casa Mariposa (Females)‡ Director Leah Jones (520) 404-4042 	<p>Inmates may apply from prison. Applications available at www.helptucson.org Click on "Applications".</p> <p>**Old Pueblo Community Services provides homeless housing services for veterans.</p> <p>***Must complete Casa Santa Clara or Oasis House or other treatment program prior to acceptance to Paxton House locations.</p> <p>‡Casa Mariposa is a joint, venture with the Southern Arizona Center Against Sexual Assault for survivors of sexual assault, domestic violence, or stalking. act director for acceptance.</p>
<p>Open Inn 630 E. 9th St. Tucson, AZ 85705 (520) 670-9040, ext. 2129 Contact: Ken McKinley</p>	<p>18-21-year-olds ONLY, male & female. Phone for information/admission &/or visit www.openinn.org.</p> <p>Fees: sliding scale</p>
<p>Pasqua Yaqui Reservation PathHome (Male) 7402 S. Camino Vahcom Tucson, AZ 85757 (520) 879-5855ey</p> <p>Women's Path 4960 W. Via Sevoi Tucson, AZ 85746 (520) 883-5145</p>	<p>Will conduct telephone interviews. For Native Americans. Free for members of Pascua Yaqui Tribe. Members of other tribes are also welcome.</p>
<p>Pilgrim Journey, Inc. (Female) PO Box 5621 Tucson, AZ 85703 (520) 551-0888 Executive Director: James Rice</p>	<p>Faith-based, structured program for women. Write for acceptance</p> <p>Fees: \$95 per week</p>



TRANSITIONAL HOUSING (3 mos.—2 yrs.) cont'd.

<p>Galivan's 9511 E. 5th St. Tucson, AZ 85730 (520) 546-1191 (Fax) Intake Coordinator: Shanna Hooper</p>	<p>Men only. Write to Shanna Hooper for application & acceptance. No bed guarantee or direct acceptance from prison. Must be released first. Fees: \$100 weekly</p>
<p>Hedrick House (Male) 1632 East Hedrick Tucson, AZ 85719 (520) 795-3334</p>	<p>Substance abuse, 6-month minimum program. Fees: \$110 weekly</p>
<p>H.O.W (Women only) Manager: Shanna Hooper/Mary Jean (520) 312-7790 or 808-4601 Fax: (520) 546-1191</p>	<p>2 program locations. Fees: \$100 weekly</p>
<p>Hope Recovery, Inc. Office/Mailing Address 1645 W. 150 Valencia Rd. #109-404 Tucson, AZ 85757</p> <p>The Philemon House (Male) (520) 292-9661 or 360-7270 or 390-8361 Program Director: Peter Moore</p> <p>The Wells (Female) (520) 325-2037 Program Director: Cecilia Moore</p>	<p>Christian Discipleship program. Separate locations for men & women. Must apply. No violent or sex offenders. Food, transportation, job referrals provided. UAs conducted. Fees: \$100 weekly</p>
<p>Joshua House (Men only) 947 N. Alvernon Way. Tucson, AZ 85711 (520) 512-8448</p>	<p>Christian-based, clean and sober living. \$250 deposit will go towards rent.</p>
<p>Master's House 440 E. 23rd St. Tucson AZ 84713 Managing Dir. Aaron Walker, (520) 312-1977 or 867-1645 Facility Dir. James Jobe, (520) 312-1977</p>	<p>Faith-based program. Must comply with house rules. No sex offenders. Institutional counselors should contact program staff for acceptance criteria.</p>
<p>Miracle Center PO Box 30309 Tucson, AZ 85751-0309 (520) 327-1208 Executive Director: Pat Lutz</p>	<p>Women only. Faith-based program. Write for acceptance.</p>



EMERGENCY SHELTER (1 week or less)

<p>Primavera Foundation Men's Shelter 200 E. Benson Hwy. Tucson AZ 85713 (520) 623-4300</p>	<p>Emergency shelter for single men. Must be able to care for personal needs. Must be clean and sober. Call for reservations and directions.</p>
<p>Primavera Greyhound Family Shelter 151 W. 49th Street Tucson, AZ 857 (520) 884-5244</p>	<p>90-day shelter for families with children, single- or two-parent households. Call for appointment</p>

WINTER SHELTER

<p>Operation Deep Freeze</p>	<p>Emergency shelter during very cold weather from Nov. 15— March 31. Call the Salvation Army: (520) 622-5411</p>
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DROP-IN & ADVOCACY CENTERS

- **Casa Paloma** — 9 a.m.-12:30 p.m., Women only. Closed Thu. & weekends. (520) 882-0820.
- **CODAC Safety Zone** — 5 p.m.- 9 a.m. Mon-Thurs, 5 p.m. Fri-9 a.m. Mon. Must be CODAC client. 3550 N. 1st Ave. Ste. 100, (520) 327-4505
- **COPE Health Promotions** — 8 a.m.-5p.m. 101 S. Stone Avenue. 2nd floor. (520) 798-1772. HIV testing 8 a.m.-4 p.m.
- **COPE SOL** — 8 a.m.-5 p.m., 101 S. Stone Avenue, 2nd floor. Women only. (520) 792-3523.
- **HOPE, Inc. Nueva Luz** — 8 a.m.-4 p.m. Mon-Fri, 11 a.m-3 p.m. Sat & Sun. Mental health/substance abuse consumers. Breakfast, lunch, showers, laundry, clothing, computer lab, support groups, peer support. 236 S. Tucson Blvd. 770-1197. Warm Line – 5 p.m.-10 p.m. Mon-Thurs, 1 p.m.-10 p.m. Fri-Sun. offers non- crisis phone support, 770-9909 or 1-877-770-9912.
- **Hope of Glory** — Mon 1-3 p.m., Wed, 9a.m.-12p.m., Fri 10a.m.-12 p.m. , 939 S. 10th Ave. Phone 471-1720.
- **La Frontera/RAPP** — 9 a.m.-4 p.m. 748 N. Stone Ave. Bag lunches . 400-8377.
- **Primavera HIP** — 9:00 a.m.-12:30 p.m., M, W, Th, F, 702 S. 6th Ave. 623-5111.
- **VA Homeless Program** — 8 a.m.-4 p.m. 3601 S. 6th Ave. Veterans only. Phone 629-1839.



RESIDENTIAL SUBSTANCE ABUSE TREATMENT

Amity Tucson, AZ 85749	10500 E. Tanque Verde (520) 882-5980	Six-month residential treatment. Fees: 90-day, \$25,000; 7-mo., \$35,000, then \$5,000/mo.
CODAC - Las Amigas	(520) 882-5898	Treatment for women who are single, with children &/or pregnant. (6-mo. program)
Compass Health Care	Tucson, AZ 85716	<ul style="list-style-type: none"> • New Directions 2950 N. Dodge • Safearbour II (520) 620-0188 • Presidio/Libertad 3838 E. Presidio St. Tucson, AZ 85716 (520) 620-6615, ext. 5008 • Vida Nueva (520) 888-5700 • Vida Serena 2835 N. Stone Ave. Tucson, AZ 85705 (520) 620-0188 <ul style="list-style-type: none"> • 30, 60 or 90-day treatment for adults with chronic relapse. Will accept from prison. Write well in advance. • For persons dually diagnosed with mental illness & substance abuse. • Women only. Program affiliated with Genesis Treatment at SACRC facility. • Women in recovery with children • Treatment for adult men & women. (30 days, 20 beds). Program - \$2,850. Will accept from prison. Write well in advance.
Gospel Rescue Mission 312 W 28th St. (520) 740-1501	Tucson, AZ 85713	50-bed long-term treatment for single adult men.
The Haven 1107 E Adelaide (520) 623-4590	Tucson, AZ 85719	Substance abuse treatment program for women - single & with children - up to 90 days. (AHCCCS, no title 19, Sliding scale, 46 Beds)
La Frontera - Casa De Vida Speedway Blvd (520) 792-0591	1900 W. Tucson, AZ 85745	Treatment program for men & women with serious mental illness (SMI) & substance abuse problems. (Some short-term housing for singles after treatment.)
Salvation Army ARC 2717 S. 6th Ave. (520) 624-1741	Tucson, AZ 85713	Substance abuse treatment program for men. (6 months/ Phase 2)



RESIDENTIAL SUBSTANCE ABUSE TREATMENT cont'd.

Teen Challenge of Arizona, Inc. 8464 N Oracle Rd. (520) 292-2273	Tucson, AZ 85704-6502	Residential treatment for women and men age 18 and over, and women with small children. (Men - 13 to 15 months, Women - 10 months)
TRANSITIONAL HOUSING (3 mos.—2 yrs.)		
A New Hope Tucson Foundation Director: Jeff Lopez (520) 406-3163 Email: anewhope@cox.net www.anewhopetucson.org	<ul style="list-style-type: none"> • 3537 E. Hardy Drive Tucson, AZ 85716 • 3449 E. Monte Vista Dr. Tucson, AZ 85716 • 3445 E. Monte Vista Dr., #s 1 & 2 Tucson, AZ 85716 	Fees: \$100 weekly \$450 monthly No sex or arson offenders
The Bridge (Male) 2537 N. Oracle Rd. Tucson, AZ 85705 Manager: Betty Undlin (520) 884-9670 or 603-3835		12-step Christian program. Must be invited by Prison Fellowship Ministries.
Church on the Street 450 W. 38th Street Tucson, AZ 85705 (520) 312-0967 or 792-4965 Pastor Tim Booker		Must be Christian and accepted by program. No bed guarantee from prison. Can assist once released.
Comin' Home 2480 N. Palo Verde, #103 Tucson, AZ 85716 (520) 322-6980		Must complete Phase I Substance Abuse at VA Hospital first. Coed program for Veterans. Write for information,
Don's Place III (Male) 3414 E. Flower Tucson, AZ 85716 (520) 409-0899 Fax: (520) 207-5033		Must email, fax or writer for application. Email: don.donsplace@gmail.com Fees: \$100 weekly
Esperanza en Escalante (Coed) 3700 S. Calle Polar Tucson AZ 85730 (520) 571-8294 Coordinator: Phyllis		<u>Veterans only.</u> Write for acceptance. Clean & sober living with curfews. Must register with Homeless Veterans program once out of prison. Fees: 30% of income.